

Customizing for Fuller Arms

Measurements

Measure around the hand at the knuckles. Base the overall size of the mitt on that measurement as per full pattern.

Measure the forearm from base of thumb to desired length and measure around the forearm at the desired length. For each $\frac{3}{4}$ inch in difference between knuckle and forearm measurements, add 4 stitches to the cast on:

$\frac{3}{4}$ " larger forearm, add 4 stitches

$1\frac{1}{2}$ " larger forearm, add 8 stitches

$2\frac{1}{4}$ " larger forearm, add 12 stitches, etc.

For measurements in between those listed, use the smaller sizing and add a little length to the arm to compensate. Trying the mitts on as knitting progresses is the best way to assure an accurate fit.

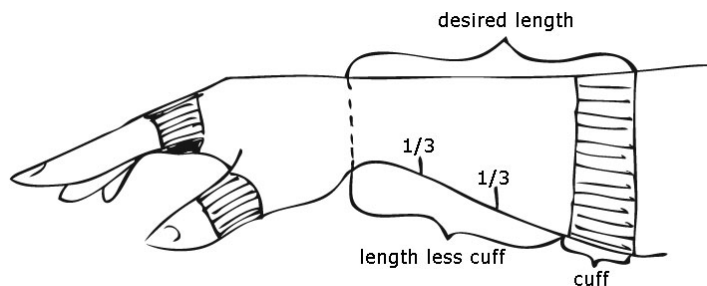
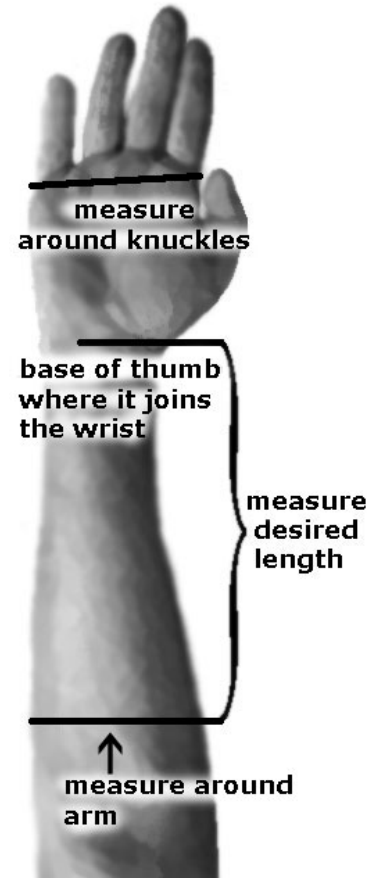
Calculations

To calculate number of decrease rounds necessary to make the wrist and hand fit, take the total number of stitches to be increased and divide by 4.

For example: Knuckle measurement of $7\frac{1}{2}$ ", 8" from base of thumb to desired mitt length, 10" around arm at desired length. The forearm is $2\frac{1}{2}$ inches larger than the knuckle measurement, so a 12 stitch increase should be made. Divide 12 by 4 to get 3. Three decrease rounds will be needed. If the cuff is 2" wide, subtract 2 from 8 making 6. To decrease evenly three times, divide 3 into 6", getting 2". The first decreased should be placed in the first knit row after the purl row following the cuff ribbing, subsequent decreases should be placed at 2 inches from cuff and four inches from cuff. If you need a fourth decrease, place it just below the base of the thumb.

$7\frac{1}{2}$ " would be a size **M**, which for a slender arm would require 40 stitches to be cast on. Add 12 extra to accommodate the arm's fullness, casting on 52 stitches.

Note: For a stretchier cast on, use the [German Twisted Cast On](#). This is especially good for between sizes.



Divide the number of cast on stitches by 4 and follow the numbers below to space decreases evenly across the decrease round.

60 ÷ 4 = 15 → K1, (K2tog, K14) three times, K2 tog, K13
56 ÷ 4 = 14 → K1, (K2tog, K13) three times, K2 tog, K12
52 ÷ 4 = 13 → K1, (K2tog, K12) three times, K2 tog, K11
48 ÷ 4 = 12 → K1, (K2tog, K11) three times, K2 tog, K10
44 ÷ 4 = 11 → K1, (K2tog, K10) three times, K2 tog, K9
40 ÷ 4 = 10 → K1, (K2tog, K9) three times, K2 tog, K8
36 ÷ 4 = 9 → K1, (K2tog, K8) three times, K2 tog, K7

After each decrease round, there will be four fewer stitches, so move one line down to do the next decrease round.

Fuller Arm Pattern

Cast on the number of stitches calculated and join for knitting in the round.

Cuff:

Knit 2" / 5cm (2" / 5cm, 2.5" / 6.5cm, 3" / 7.5cm) of K2, P2 ribbing.

Arm below cuff:

Row 1: *P*

Row 2 = First Decrease Round: Decrease according to table above.

Knit all rounds to the next third measurement

Second Decrease Round: decrease following the next line of table above.

Knit all rounds to the next third measurement

Third Decrease Round: decrease following the next line of table above.

Continue decreasing as above until proper number of stitches for hand is achieved.

Knit to base of thumb. If last decrease round is just below base of thumb, knit one more row.

Return to main pattern and continue beginning at "**Thumb Gusset.**"